



College of Europe  
Collège d'Europe



Natolin

## FIRST SEMESTER STUDY VISITS AND HOW TO KEEP OUR NATOLIN COMMUNITY SAFE IN TIMES OF COVID-19

Today, just as we prepare to leave our campus, this shared responsibility requires that we all stand by the health and safety related measures, which will allow us to experience our study visits to the fullest.

In this spirit, we would like to ask you to observe the following **general health and safety measures** throughout the study visits. Additional instructions may be applicable and will be communicated on-site.

Thanking you kindly for your understanding and collaboration, we wish you insightful discussions and a great time during this year's study visits.

- All **participants will be provided with several masks and hand disinfectants** for the duration of the study visits. Academic assistants will have additional masks to distribute upon request;
- **When on the coach**, participants are required to cover their mouth and nose with a mask and to have hand disinfectants at their disposal;
- **During indoor- or outdoor-held activities**, participants are required to cover their mouth and nose with a mask, unless physical distancing of at least 1.5 metres can be maintained;
- However, **in public spaces** it is mandatory for all participants to cover one's mouth and nose e.g. in public transport, in a shop, shopping centre, bank, at the post office, in offices and other public buildings, or on the street (if the distance of 1.5 metres cannot be kept);
- **In restaurants and cafés**, the mouth and nose can be uncovered after taking a seat at the table;
- **It is recommended to frequently use hand disinfectants and to avoid touching one's own face**, especially the mouth, nose and eyes, notably with one's hands that may have come into contact with non-disinfected surfaces and objects. Hands should definitely be washed or disinfected in the following cases: after using the toilet, before a meal, after blowing one's nose, coughing or sneezing. In the case of a cough or a need to sneeze, the mouth and nose should be covered with a disposable paper tissue or with the elbow.